

# Job Description

## *First Team Physiotherapist*



JOB DESCRIPTION	
<b>Job Title</b>	First Team Physiotherapist
<b>Location</b>	The primary office location and place of work is Caerphilly Borough Centre for Sporting Excellence, Ystrad Mynach or any other such venue that is deemed necessary to fulfil duties. It will be essential to travel throughout the United Kingdom and overseas.
<b>Hours of work</b>	The job is based on an average 36 hour/week; however, this will be flexible due to the nature and demands of the role. The appointee will be expected to work the appropriate hours to fully carry out their responsibilities. The nature of the role will on occasions require working in excess of these hours to ensure core objectives are achieved. This will include evening and weekends.
<b>Responsible to</b>	Head of Physiotherapy and Medical Services
<b>Contractual Status</b>	Fixed Term with six months' probation.
<b>Salary</b>	TBC Based on experience
<b>Role Summary</b>	The delivery of elite clinical management of the first team rugby playing squad and development of physiotherapy and medical services for all players in the regional squads.
<b>Key Relationships</b>	<ul style="list-style-type: none"> <li>• Head of Medical &amp; Physiotherapy Services and Physiotherapy Staff</li> <li>• Sports Medicine Physician</li> <li>• Director of Rugby</li> <li>• Rugby General Manager</li> <li>• Head of Academy and all coaching staff</li> <li>• Head Strength and Conditioning, Head of Sports Science and all performance staff.</li> </ul>
<b>Key Responsibilities, Tasks and Activities</b>	<p><b>Clinical</b></p> <ul style="list-style-type: none"> <li>• Ensure all aspects of player care are monitored including prehab, rehab, treatment and return to play.</li> <li>• Act independently and in collaboration with physiotherapy team to assess, analyse and provide a clinical diagnosis for all injured players to determine their need for physiotherapy intervention.</li> <li>• Act independently to plan, implement, evaluate, treat and progress player care to maximise rehabilitation potential.</li> <li>• Manage caseload of players effectively and efficiently.</li> <li>• Maintain patient documentation, records and accurate statistical information to reflect care provided and meet professional standards.</li> <li>• Enter all clinical data in the WRU electronic medical note keeping system.</li> <li>• Communicate and make recommendations to maximise player care and promote multidisciplinary working.</li> <li>• Assist in developing, implementing and maintaining appropriate clinical guidelines ensuring clinical effectiveness to optimise player care.</li> <li>• Assist in the preseason-screening programme.</li> <li>• Provide pre-game and pitch-side medical support services at home and away fixtures as required.</li> </ul>

JOB DESCRIPTION	
	<p><b>Departmental Responsibility</b></p> <ul style="list-style-type: none"> <li>• Participate in the departmental Personal Development and Performance Review system to promote personal and service developments.</li> <li>• Support and mentor other Physiotherapists and Sports Therapists to develop. Physiotherapy services to maximise player care and efficient use of resources.</li> <li>• Be actively involved in clinical audit to support the clubs Clinical Governance Strategy.</li> <li>• Liaise with a range of individuals, internal and external to the organisation, to ensure effective service delivery.</li> <li>• Comply with health, safety and other regulations.</li> <li>• Assist in delivering WRU Minimum Medical Standards Criteria for annual compliance evaluation.</li> </ul> <p><b>Educational</b></p> <ul style="list-style-type: none"> <li>• Develop and update clinical knowledge and skills to ensure delivery of evidence-based care.</li> <li>• Assist in providing training and advice to all physiotherapy staff.</li> <li>• Actively participate in physiotherapy in-service to promote personal development.</li> </ul> <p><b>Communications and Relationships</b></p> <ul style="list-style-type: none"> <li>• To communicate with the Head Physiotherapist/Medical services manager and club Sports Medicine Physician with regards to injury and fitness status of all players on a regular basis.</li> <li>• To communicate and develop an effective relationship with coaching and performance departments.</li> </ul>
<b>Continued Professional Development</b>	The Dragons are committed to providing CPD for the successful candidate. We expect the successful candidate to undertake available training courses and research to enhance personal knowledge, skills and experience.

PERSON SPECIFICATION	
<b>Experience</b>	<ul style="list-style-type: none"> <li>• Strong interpersonal skills and relationship management.</li> <li>• Extensive clinical experience required, with specific previous employment in sports medicine, in particular in elite level rugby,</li> <li>• Minimum 3-5 years experience in elite sport or similar high pressure setting</li> </ul>
<b>Skills &amp; Qualifications</b>	<p><b>Essential</b></p> <ul style="list-style-type: none"> <li>• Degree in Physiotherapy</li> <li>• Registration with Health Profession Council</li> <li>• Current Level 3 Immediate Care in Rugby qualification (or equivalent)</li> <li>• Excellent manual therapy skills</li> <li>• Excellent written and verbal communication skills.</li> </ul>

<b>PERSON SPECIFICATION</b>	
	<ul style="list-style-type: none"> <li>• Must be proficient at using all Microsoft and mac based office programmes</li> <li>• Full UK driving license</li> </ul> <p><b>Desirable</b></p> <ul style="list-style-type: none"> <li>• Post graduate qualification in Sport Medicine</li> </ul>
<b>Key Competencies</b>	<p><b>Desirable</b></p> <ul style="list-style-type: none"> <li>• Team working and personal impact</li> <li>• Attention to detail</li> <li>• Self-motivated</li> <li>• Personable and sociable</li> <li>• Emotional intelligence</li> </ul>
<b>Other</b>	<ul style="list-style-type: none"> <li>• This role is subject to an enhanced DBS disclosure check.</li> <li>• An understanding and commitment to equal opportunities in employment and sport.</li> <li>• An understanding of individual responsibility in complying with the Health &amp; Safety policies and arrangements.</li> </ul>

The closing date for applications is Friday, March 11.

To apply for the job role above, please send an upto date CV, cover letter and salary expectations to [joanne.emanuel@dragonsrugby.wales](mailto:joanne.emanuel@dragonsrugby.wales)